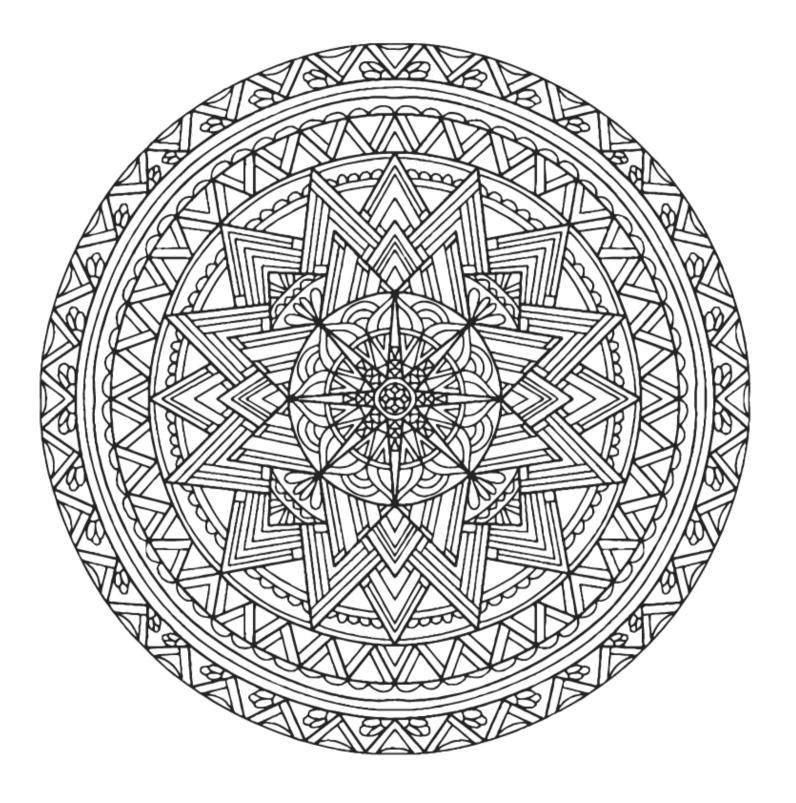
Mandala Therapy



"Look closely at the present you are constructing.

It should look like the future you are dreaming."

-Alice Walker